

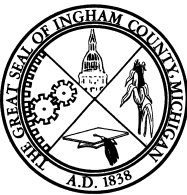


WORKING IN INGHAM COUNTY JUST GOT BETTER!

Ingham County boasts healthy, hardworking people. Beginning this week, the workforce becomes even healthier. The new Ingham County Clean Air Regulation takes effect. This regulation will have a positive impact on us all. Your employer will be working for your health by keeping your workplace smoke-free.

We all know the health risks associated with tobacco. As the first county in Michigan to help keep the workplace smoke-free, we are taking a positive step. If you want to take an even bigger step, we are here to help.

If you've been thinking about kicking the smoking habit, the time is now. Capital Area Community Voices has teamed up with the Ingham County Health Department and the CAPITAL Coalition to provide resources on smoking cessation through the *Smoke-Free Ingham: Breathe Healthy* campaign. For more information on resources, visit the Capital Area Community Voices website at www.cacvoices.org.



Ingham County Board of Health

